

SAISON 2026-2027 *Premier jour de cours, 14 septembre 2026 // SEASON 2026-2027 *First Day of Classes, September 14th 2026															Premier jour de cours, 19 septembre 2026							
Monday/Lundi			Tuesday/Mardi			Wednesday/Mercredi			Thursday/Jeudi			Friday/Vendredi			Saturday/Samedi			Sunday/Dimanche				
Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov		
							Cecchetti Diploma/Fellowship 9:00-11:00						Cecchetti Licentiate 9:00-11:00									
							Cecchetti Associate 11:00-1:00						Cecchetti Inter-Advanced 11:00-1:00		9:15							
12:00															9:30		Creative Movement 1 9:30-10:15 3 y.o.			Creative Movement 1 9:30-10:15 3 y.o.		
	Sport-Études Ballet 1:00-3:00			Sport-Études Ballet 1:00-3:00			Sport-Études Ballet 1:00-3:00			PBT 1:00-2:00			Sport-Études Ballet 1:00-3:00		9:45							
1:00															10:00							
1:30																10:15		Creative Movement 2 10:15-11:00 4 y.o.			Creative Movement 2 10:15-11:00 4 y.o.	
2:00										Sport-Études Ballet 2:00-4:00					10:30							
2:30													10:45									
3:00	Variations 3:00-4:00			Répertoire 3:00-4:00								Repertoire 3:00-4:00			11:00		Pre Ballet 1 11:00-11:45 5 y.o.			Pre Ballet 1 11:00-11:45 5 y.o.		
3:30							Variations Répertoire 3:00-4:00							11:15								
4:00	Pilates 4:00-5:00			Stretch & Strenght 4:00-5:00						Rehearsals Contemporary 4:00-5:30			Pas de deux 4:00-5:30		11:30	Intermediate Competition solos 11:00-12:30						
4:30								Advanced Acro 4:30-5:30							11:45			Pre Ballet 2 11:45-12:45 6 y.o.			Pre Ballet 2 11:45-12:45 6 y.o.	
5:00	Contemporary 5:00-6:30	Ballet 2 Competition 5:00-6:30	Privates 4:30-6:00 6:00-8:00	Advanced Jazz 5:00-6:30	Intermediate Teens Contemporary 5:00-6:30		Ballet 2 Competition 5:00-6:30			Advanced Contemporary 5:30-7:00	Junior Jazz 5:00-6:30			Junior Team Competition 5:00-6:30		12:00						
5:30						Ballet 1 7-9 y.o. 5:30-6:30		Inter Acro 5:30-6:30	Advanced Competition Groups 5:30-6:30			Ballet 1 7-9 y.o. 5:30-6:30		Pilates 5:30-6:30		12:15						
6:00																12:30						
6:30	Inter I Ballet 6:30-8:00	Adult Ballet Level 1 Beginner 6:30-7:30		Intermediate Teen Jazz 6:30-8:00	Junior Contemporary 6:30-7:30	Ballet 2 and 3 9-11 y.o. 6:30-8:00	Inter I Ballet 6:30-8:00	Beginner Acro 6:30-7:30	Adult Ballet Level 3 Inter/Advanced Optional on pointe 6:30-8:00		Intermediate competition groups 6:30-8:00	Ballet 2 and 3 9-11 y.o. 6:30-8:00	Inter I Ballet 6:30-8:00		Pre-Ballet 5-6 y.o. 6:30-7:30	12:45	Barre a terre 1:00-2:00					
7:00										Teens Ballet 7:30-9:00									1:00		Elementary 1 1:00-2:00 7-9 y.o.	
7:30	Inter II - Adv Ballet 8:00-9:30	Adult Ballet Level 2 Intermediate 7:30-9:00					Inter II - Adv Ballet 8:00-9:30	Mme Isabeau	Adult Répertoire Sep-Dec: Nutcracker Jan-Jun: Year end Show 8:00-9:00		Competition Advanced solos 8:00-9:30		Inter II Adv Ballet 8:00-9:30	Mme Isabeau		1:15	Junior Company 2:30-4:30					
8:00																		1:30				
8:30																			1:45			
9:00		Adult Pointe 9:00-9:30						Teens Pointe 9:00-9:30	Mme Isabeau					Teens Pointe 9:00-9:30	Mme Isabeau		2:00		Elementary 2 2:00-3:00 10-12 y.o.			
9:30																	2:15					
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																	3:00					
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																	3:45					
																	4:00					
																	4:15					



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