

PREMIER JOUR DE COURS : SAMEDI 6 SEPTEMBRE 2025 / FIRST DAY OF CLASSES: SATURDAY, SEPTEMBER 6th 2025

Monday/Lundi			Tuesday/Mardi			Wednesday/Mercredi			Thursday/Jeudi			Friday/Vendredi			Saturday/Samedi			Sunday/Dimanche		
Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov
1:00	Sport-Études Ballet 1:00-3:00		Sport-Études Ballet 1:00-3:00 (Solos 3:00-3:30)			Sport-Études Ballet 1:00-3:00 (Solos 3:00-3:30)			PBT 1:00-2:00			Sport-Études Ballet 1:00-3:00								
1:30									Sport-Études Ballet 2:00-4:00											
2:00																				
2:30	Répertoire 3:00-4:00		Conditioning 3:30-4:30									Répertoire 3:00-4:30								
3:00																				
3:30	Pas de Deux 4:00-5:30		Contemporary 4:30-6:00																	
4:00																				
4:30		Ballet 2 - B 4:30-6:00						Beginner Acro 4:30-5:30				Pilates 4:30-5:30			Tap-Jazz Mini 5-6 y.o. 4:00-5:00					
5:00		Inter I - Ballet 5:00-6:30		Competition Jazz Junior 4:45-6:00	Ballet 1 - A 7-9 y.o. 5:00-6:00	Ballet 2 - B 5:00-6:30	Inter I - Ballet 5:00-6:30		Advanced Acro 5:30-6:30		Contemporary 5:00-6:30	Jazz I 5:00-6:30	Ballet 1 - A 7-9 y.o. 5:00-6:00		Inter I - Ballet 5:00-6:30	Teen Tap 5:00-6:00				
5:30	Pilates 5:30-6:30		Advanced Competition Groups 6:00-7:00																	
6:00		Adult Ballet Level 1 Beginner 6:00-7:30			Ballet 2 - A 9-11 y.o. 6:00-7:30											Jazz Junior 6:00-7:00				
6:30	Inter II Ballet 6:30-8:00	Ballet 1 - B 6:30-7:30	Inter 1 Groups 7:00-8:00	Teen Lyrical 8:00-9:00		Adult Conditioning 6:30-7:30	Inter II Ballet 6:30-8:00	Ballet 1 - B 6:30-7:30	Contemp. Level 1 6:30-8:00	Jazz II 6:30-8:00				Adult Repertoire 6:30-8:00	Inter II Ballet 6:30-8:00					
7:00																				
7:30		Adult Ballet Level II & III 7:30-9:00	Teen Ballet 7:30-9:00		Ballet - 3 11-13 y.o. 7:30-9:00	Adult Ballet Level II & III 7:30-9:00		Inter Acro 7:30-8:30			Contemp. Level 2 8:00-9:30	Jazz III 8:00-9:30	Ballet - 3 11-13 y.o. 7:30-9:00			Tap Junior 7:00-8:00				
8:00	Advanced Ballet 8:00-9:30						Advanced Ballet 8:00-9:30								Advanced Ballet 8:00-9:30	Adult Jazz 8:00-9:00				
8:30		Adult Pointe 9:00-9:30																		
9:00																				
9:30																				



Ballet Montreal Performing Arts School
 2985 Sunnybrooke Blvd., Dorval, QC H9P 2Z5
 (514) 797 2788 - www.balletmontreal.ca

9:15
9:30
9:45
10:00
10:15
10:30
10:45
11:00
11:15
11:30
11:45
12:00
12:15
12:30
12:45
1:00
1:15
1:30
1:45
2:00
2:15
2:30
2:45
3:00
3:15
3:30
3:45
4:00
4:15

Competition TBC
Competition TBC
Junior Company 1:00-3:00

CM 1 9:30-10:15 3 y.o.
CM 2 - A 10:15-11:00 4 y.o.
CM 2 - B 10:15-11:00 4 y.o.
PB 1A 11:00-11:45 5 y.o.
PB 1B 11:00-11:45 5 y.o.
PB 2 - A 11:45-12:45 6 y.o.
PB 2 - B 11:45-12:45 6 y.o.
Elementary 1 1:00-2:00 7-9 y.o.
Elementary 2 2:00-3:00 10-12 y.o.
Mini Team Competition 3:00-4:30

CM 1 9:30-10:15 3 y.o.
CM 2 - A 10:15-11:00 4 y.o.
CM 2 - B 10:15-11:00 4 y.o.
PB 1 11:00-11:45 5 y.o.
PB 1B 11:00-11:45 5 y.o.
PB 2 - A 11:45-12:45 6 y.o.
PB 2 - B 11:45-12:45 6 y.o.
Elementary 1 1:00-2:00 7-9 y.o.
Elementary 2 2:00-3:00 10-12 y.o.

Elementary 1 1:00-2:00 7-9 y.o.
Elementary 2 2:00-3:00 10-12 y.o.

Elementary 1 1:00-2:00 7-9 y.o.
Elementary 2 2:00-3:00 10-12 y.o.