SAISON 2025-2026 / SEASON 2025-2026

	Monday/Lundi			Tuesday/Mardi			Wednesday/Mercredi			Thursday/Jeudi			Friday/Vendredi		
	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov	Nela	Baryshnikov	Makarova	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov
													Teacher Course 10:30-12:30		
1:00	Sport-Études Ballet 1:00-3:00			Sport-Études Ballet 1:00-3:00			Sport-Études Ballet 1:00-3:00 (Solos 3:00-3:30)			PBT 1:00-2:00			Sport-Études Ballet 1:00-3:00		
1:30															
2:00										Sport-Études Ballet 2:00-4:00					
2:30															
3:00	Répertoire 3:00-4:00			Conditioning 3:00-4:00									Répertoire 3:00-4:30		
3:30							Jazz 3:30-5:00								
4:00	Pas de Deux 4:00-5:30			Contemporary 4:00-5:30					Studio Makarova	Répertoire 4:00-5:00					
4:30								Studio Baryshnikov	Beginner Acro 4:30-5:30				Rehersal 4:30-5:30		
5:00		Inter I - Ballet 5:00-6:30	Ballet 2 - B 5:00-6:30		Junior Jazz Tuesday 5:00-6:00	Ballet 1 - A 7-9 y.o. 5:00-6:00	Ballet 2 - B 5:00-6:30	Inter I - Ballet 5:00-6:30		Contemporary 5:00-6:30	Jazz I 5:00-6:30	Ballet 1 - A 7-9 y.o. 5:00-6:00		Inter I - Ballet 5:00-6:30	
5:30	Pilates 5:30-6:30			Contemporary Rehearsal 5:30-6:30					Advanced Acro 5:30-6:30				Pilates 5:30-6:30		Junior Jazz Friday 5:30-6:30
6:00						Ballet 2 - A 9-11 y.o. 6:00-7:30						Ballet 2 - A 9-11 y.o. 6:00-7:30			
6:30	Inter II Ballet 6:30-8:00	Adult Ballet Level 1 Beginner 6:30-7:30	Ballet 1 - B 6:30-7:30	Contemporary Level 3 6:30-8:00	Inter Groups Competition 6:00-7:30		Adult Ballet Level II & III 6:30-8:00	Inter II Ballet 6:30-8:00	Ballet 1 - B 6:30-7:30	Contemporary Level 1 6:30-8:00	Jazz II 6:30-8:00		Adult Repertoire 6:30-8:00	Inter II Ballet 6:30-8:00	
7:00															Tap Junior 7:00-8:00
7:30		Adult Ballet Level II &III 7:30-9:00	Teen Ballet 7:30-9:00			Ballet - 3 11-13 y.o. 7:30-9:00			Inter Acro 7:30-8:30			Ballet - 3 11-13 y.o. 7:30-9:00			
8:00	Advanced Ballet 8:00-9:30			Adult Jazz 8:00-9:00	Advanced Solos 8:00-9:30		Adult Ballet Show Rehearsal 8:00-9:00	Advanced Ballet 8:00-9:30		Contemporary Level 2 8:00-9:30	Jazz III 8:00-9:30			Advanced Ballet 8:00-9:30	
8:30															
9:00		Adult Pointe 9:00-9:30					Adult Pointe 9:00-9:30								
9:30															

	Saturday/Samedi			Sunday/Dimanche		
	Nela	Makarova	Baryshnikov	Nela	Makarova	Baryshnikov
9:15						
9:30		CM 1 9:30-10:15 3 y.o.			CM 1 9:30-10:15 3 y.o.	
9:45						
10:00	Competition TBC					
10:15		CM 2 10:15-11:00 4 y.o.			CM 2 10:15-11:00 4 y.o.	
10:30			Tap-Jazz Mini 5-6 y.o. 10:30-11:30			
10:45						
11:00		Pre Ballet 1 11:00-11:45 5 y.o.			Pre Ballet 1 11:00-11:45 5 y.o.	
11:15						
11:30	Competition TBC					
11:45		Pre Ballet 2-A Miss Laurence 11:45-12:45 6 y.o.	Pre Ballet 2-B Miss Sophie 11:45-12:45 6 y.o.		Pre Ballet 2 11:45-12:45 6 y.o.	
12:00						
12:15						
12:30						
12:45	Barre a terre 11:30-12:30					
1:00		Elementary 1 1:00-2:00 7-9 y.o.				
1:15	Junior Company 1:00-3:00					
1:30						
1:45						
2:00		Elementary 2 2:00-3:00 10-12 y.o.				
2:15						
2:30						
2:45						
3:00						
3:15	Advanced Competition Group 3:00-4:00	Mini Team Competition 3:00-4:30				
3:30						
3:45						
4:00						
4:15						

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